

## Options for Alameda County Duals and SPDs in 2015

California's decision to cancel the Alameda County launch of the Coordinated Care Initiative, combined with the closure of Alameda Alliance's Complete Care at the end of 2014, will mean that Duals and SPDs will have fewer options for affordable health and LTSS coverage in 2015. Below is a summary of their options, and where they can go to get help.

### For Dual Eligibles (those who have Medicare and full scope Medi-Cal):

- Cal MediConnect (the integrated model that is part of the CCI) will not be an option.
- Duals can still change their Medicare/Medi-Cal enrollment at any time during the year.
- Duals have several options:
  - Choose Medicare and Medi-Cal fee-for-service (FFS) plus enroll in a Part D Prescription Drug plan
  - Choose Medicare FFS, plus enroll in a Managed Medi-Cal plan (for CBAS coverage, for instance) and a Part D plan
  - Enroll in one of the two Duals Special Needs Plans (D-SNPs)
  - Enroll in a Medicare Advantage (MA) plan (may be subject to copayments or deductibles)
  - Those with chronic care needs may qualify for a PACE plan (Program of All-Inclusive Care for the Elderly).
- Duals may be eligible for IHSS regardless of which plan they enroll in, except that PACE participants receive in-home care through the PACE program.
- Medi-Cal's CBAS coverage for Adult Day Health Care will continue to be available through Managed Medi-Cal plans for eligible Duals, except those who are enrolled in a non-matching D-SNP or MA plan will access CBAS via FFS Medi-Cal.<sup>1</sup>
- Long term Skilled Nursing Facility will continue to be covered through FFS Medi-Cal.
- **For free, unbiased assistance with health coverage choices for people with Medicare:**
  - **Contact HICAP: 800-434-0222.**

### For Seniors and Persons with Disabilities (SPDs) who have Medi-Cal only:

- Most are already required to be in a Managed Medi-Cal plan.
- Plan choices:
  - Alameda Alliance for Health
  - Anthem Blue Cross
- Managed Medi-Cal plans provide coverage for Adult Day Health Care (CBAS), along with full Medi-Cal health care coverage, including prescription drugs.
- SPDs may be eligible for IHSS regardless of which plan they enroll in.
- Long term Skilled Nursing Facility care will continue to be covered through FFS Medi-Cal
- To enroll or switch Medi-Cal plans: Contact Health Care Options at 1-844-580-7272
- **For legal advice about your Medi-Cal coverage:**
  - **Contact Bay Area Legal Aid's Health Consumer Center: (855) 693-7285**

---

<sup>1</sup> In Alameda County in 2015, Kaiser's Senior Advantage Medicare Medi-Cal Plan is a matching D-SNP (matched with Alameda Alliance); Care 1<sup>st</sup> Total Dual Plan is a non-matching plan.