



THRIVE **With LIFE** **Pilot**

Organization Overview / **Mission**



**empowers the
aging to live with
independence
AND
interdependence**



SERVICES

01

Meals on Wheels

02

Transportation

03

Friendly Visitors

04

Health Forward/Fall
Prevention

05

Case Management

We are here to help you thrive independently in the place you call home. We know that many of you might just need a little extra help to do so, and that is why we exist.



LIFE and Kaiser Permanente Collaboration

The project aims to develop a more consistently effective method with the goal of providing more person centered care and improving outcomes.

Social Determinants of Health

"Social determinants of health (SDOH) are the nonmedical factors that influence health outcomes. They are the conditions in which people are born, grow, work, live, and age, and the wider set of forces and systems shaping the conditions of daily life. These forces and systems include economic policies and systems, development agendas, social norms, social policies, racism, climate change, and political systems." -CDC



Food



Caregiver
Support



Isolation



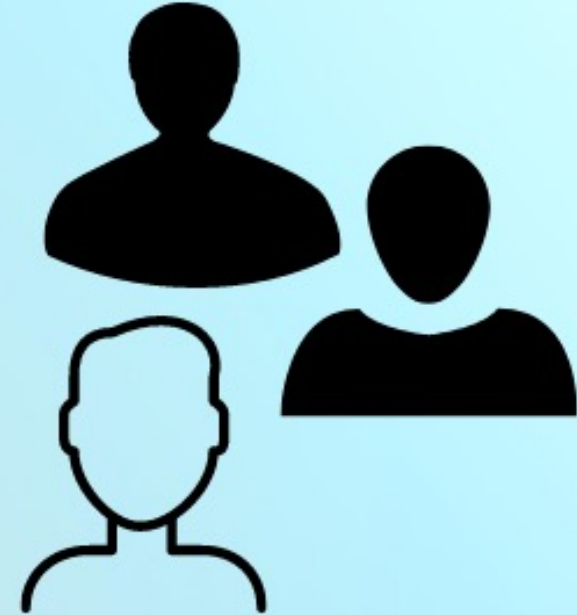
Long Term Care
Planning



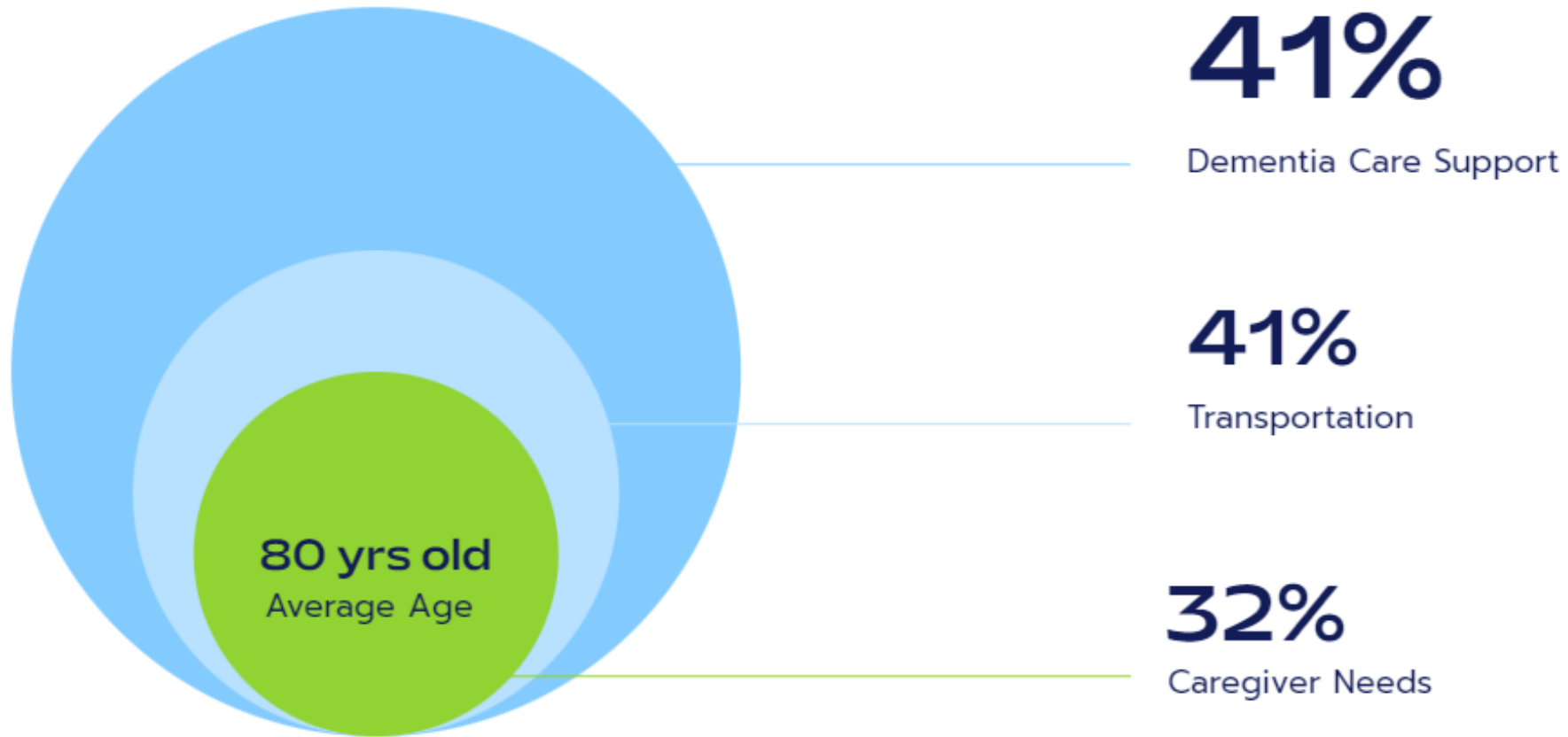
Supportive
Services


Identifying Population

- **Individuals 60+**
- **Uses the Emergency Room frequently**
- **Chronic Illness**
- **History of mental health challenges**
- **Risk of falls**
- **Risk of isolation**



Trends





Services Provided

Dementia Care Support

- Biopsychosocial assessment
- Identify care needs, develop short and long term care plan
- Review and identify memory care/assisted living

Transportation

- Assess barrier to accessing care; identify transportation options
- Door-through-door program
- East Bay Paratransit
- Rideshares

Caregiver Needs

- Caregiver support groups
- In Home Supportive Services (IHSS)
- Home and Community-Based Services Waiver Program
- Private-Pay caregiver options



Thank you!